



STRADBROOK

SKIN & BEAUTY CLINIC



We wish you all a happy Summer and hope you are looking forward to some holiday time

~The Stradbrook Skin & Beauty Clinic Team

New Medi Pedi for cracked heels



We are really excited to announce the launch of the Elim Medi Pedi. Elim is a medical-grade pedicure treatment which uses state-of-the-art ingredients to remove hard skin and calluses from the feet. This treatment is a facial for the feet using ingredients such as AHAs and Sodium Hydroxide in place of abrasive traditional foot files and blades, which can sometimes trigger a response to overproduce hard skin, but is perfect for diabetic clients. This treatment will leave you with smooth, soft heels that last longer, with no damage or trauma to the skin.



Please call **01732 770666** for more information.

Get pool ready with LVL

An LVL lash lift treatment is great for holidays; it lifts and tints your lashes so there is no need for eyelash curlers or worrying about your mascara running whilst in the pool, and it should last around 6-8 weeks.



Tips on looking after your skin this summer

- Ensure that when you are out and about, you protect your skin at all times from the sun with a high SPF. This will prevent burning, reduce premature ageing and pigmentation. At Stradbrook Skin, we stock SPF 50 Heliocare mineral fluid, which is a light and very slight-tinted sunscreen which gives great protection and works well as a make-up base too

dark circles.

- Having a regular facial will keep your skin in tip top condition, moisturising and increasing the blood flow and feeding all the cells in your face. We offer a range of Gatineau facials, which are not only good for your skin but will also give you some well-earned relaxation and help calm your nervous system. Gatineau takes the best of nature's riches and combines them with the latest cutting-edge biotechnology



Summer treatments

- We offer St Tropez body treatment tan, so if you are attending a special event and want a natural glow, this is a great way of looking bronzed without damaging your skin in the sun. It includes a full body exfoliation and the tan is applied using an aloe vera-based tan, leaving your skin feeling smooth and moisturised.
- A manicure and pedicure are the perfect way to finish off any outfit for holidays or that special event. We offer both Mavala and Shellac. Mavala is a natural nail treatment, and Shellac, which is a hybrid between a normal and gel polish, which should last between 12-14 days. Both of these products can

Awards news

We are delighted to be finalists for Tonbridge Business Awards Hair and Beauty Award. A big thank you to Melissa and her team, and **congratulations** to all the exceptional businesses and people in our community.



Please advise our reception team if you would prefer not to receive further surveys or newsletters.

Contact us for an appointment today

Call us today on **01732 770666** or email
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